

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



<p>THE PEAKS AT OLD LARAMIE TRAIL — SENIOR LIVING —</p>	<p>1 7:30 ♥ Breakfast [DR] 10:00 ♥ Stretch and Flex [MC AR] 10:30 🏠 Finish that Line [MC AR] 11:00 ★ Poet's Corner [MC AR] 11:30 ♥ Lunch [DR] 1:00 ★ Expressive Design 2:00 🏠 Word with in a Word [MC AR] 3:00 🎵 Musical Performance with Josh [MC LR] 4:30 ♥ Dinner [DR] 5:30 🦋 Short Stories [GR]</p>	<p>2 7:30 ♥ Breakfast [DR] 10:00 ♥ Move It or Lose It Exercise 10:30 ★ Book Creations with Gen- Narrations Creative Storytelling [MC AR] 11:00 🏠 Brain Games [MC AR] 11:30 ♥ Lunch [DR] 1:30 ★ Pet Therapy [B] 3:00 🏠 Indoor Sports [LR] 4:30 ♥ Dinner [DR] 6:00 🦋 Finish that Phrase [GR]</p>	<p>3 7:30 ♥ Breakfast [DR] 10:00 ♥ Healthy Hearts Exercise Class 10:30 🏠 You Be The Judge [MC AR] 11:00 🏠 Bunco [MC AR] 11:30 ♥ Lunch [DR] 1:30 ★ Expressive Design /Flower Arranging 2:00 🏠 Indoor Sports: Ball Toss Arm Strengthening [MC AR] 3:00 ★ Bible Study: Reading and Discussion [MC AR] 4:30 ♥ Dinner [DR] 6:00 🦋 Movie Classics</p>	<p>4 Happy Birthday Katie A. 7:30 ♥ Breakfast [DR] 10:00 ♥ Move It or Lose It Exercise 10:30 🏠 Finish the Line [MC AR] 11:00 ★ Book Creations with Gen- Narrations Creative Storytelling [MC AR] 11:15 ★ Catholic Service with Communion 11:30 ♥ Lunch [DR] 1:30 ★ Culinary Creations [MC AR] 3:00 ★ Musical Performance: Susan Clark [MC LR] 4:30 ♥ Dinner [DR] 6:00 🦋 Jokes and Riddles [GR]</p>	<p>5 7:30 ♥ Breakfast [DR] 10:00 ♥ Active & Awesome Seniors 10:30 ♥ Meditation 11:00 🏠 Book Creations with Gen-Narrations Creative Storytelling [MC AR] 11:30 ♥ Lunch [DR] 1:30 ★ Worship Service with Chaplain Elisa [MC AR] 2:45 🏠 Never Stop Exploring Outing [GR] 3:00 🏠 Bean Bag Toss [GR] 4:30 ♥ Dinner [DR] 6:00 🦋 Friday Night at the Movies [GR]</p>	<p>6 7:30 ♥ Breakfast [DR] 10:00 ♥ Movin' and Groovin' 10:30 ♥ Meditation 11:00 🏠 Brain Fitness Trivia [MC AR] 11:30 ♥ Lunch [DR] 1:30 🏠 Word Puzzles [MC AR] 2:30 🦋 Ice Cream Social [MC AR] 3:00 🏠 Bingo [MC AR] 4:30 ♥ Dinner [DR] 6:00 🦋 Oldies But Goodies [GR]</p>															
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