

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



660 Old Laramie Trail  
Lafayette, CO 80026  
303-440-6050

Location Keys

- Courtyard CY
- Dining Room DR
- Great Room GR
- Living Room LR
- Living Room/Activity Room LR/AR
- Living Room/Great Room LR/GR
- MC Activity Room MC AR
- MC Living Room MC LR

- Be Adventurous
- Be Challenged
- Be Connected
- Be Inspired
- Be Social
- Be Well

<p>8:30  Breakfast [DR]</p> <p>9:30  Weekly Horoscope Reading</p> <p>10:30  Stretch and Strength Chair Exercise with Misty [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  YouTube Worship Service with Chaplain Elisa [MC AR]</p> <p>2:45  <b>Breast Cancer Awareness Ribbons! [MC AR]</b></p> <p>4:30  Dinner [DR]</p> <p>5:30  Jeopardy [LR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Word within a Word</p> <p>10:30  All about Fitness Exercise [MC AR]</p> <p>10:45  Monday Morning Mindfulness [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Book Creations with Gen-Narrations Creative Story Telling [MC AR]</p> <p>2:00  Patio Ice Cream Social</p> <p>3:15  Memories in the Making: Watercolor Painting [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Name 5 Game [MC LR]</p>	<p><b>HAPPY BIRTHDAY JERI!</b></p> <p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise [MC AR]</p> <p>10:15  <b>Monster Magnets Craft! [MC AR]</b></p> <p>11:00  Ginger Puppy Visits</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Giant Bowling! [MC AR]</p> <p>2:00  <b>Musical Performance by Scott Buckley!</b></p> <p>3:00  Ooo La La Manicures! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Finish that Phrase [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  iPad Word Games</p> <p>10:00  Healthy Hearts Exercise Class</p> <p>10:30  Fresh Air and Fresh Coffee [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Hangman Challenge [MC AR]</p> <p>2:15  Book Creations with Gen- Narrations Creative Storytelling [MC AR]</p> <p>3:00  Bocce Ball Tournament [MC AR]</p> <p>3:45  Patio Poets Corner [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Laughing Hour [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise</p> <p>10:15  Morning Walk Around the Community (Social Distancing Recommended) [MC AR]</p> <p>10:45  Coffee and Garden Meditation [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  <b>Young Heart Band Music Performance!</b></p> <p>2:30  Indoor Sports: Balloon Noodle Volleyball</p> <p>3:15  Culinary Creations</p> <p>4:30  Dinner [DR]</p> <p>6:20  <b>Broncos VS Jets (NFL NETWORK)</b></p>	<p>8:30  Breakfast [DR]</p> <p>10:00  Book Creations with Gen-Narrations Creative Storytelling [MC AR]</p> <p>10:30  Active &amp; Awesome Seniors</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  Expressive Design [MC AR]</p> <p>3:00  Small Group Bible Study [MC AR]</p> <p>4:00  Poets Corner [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>6:30  Friday Night Film [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Hangman</p> <p>10:30  Movin' and Groovin' Exercise!</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  <b>Celebrate National Cookie Month! [MC AR]</b></p> <p>3:30  Afternoon Bingo! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Oldies but Goodies Music! [GR]</p>
<p>8:30  Breakfast [DR]</p> <p>9:30  Weekly Horoscope Reading</p> <p>10:30  Stretch and Strength Chair Exercise with Misty [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  YouTube Worship Service with Chaplain Elisa [MC AR]</p> <p>2:45  <b>Breast Cancer Awareness Ribbons! [MC AR]</b></p> <p>4:30  Dinner [DR]</p> <p>5:30  Jeopardy [LR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Word within a Word</p> <p>10:30  All about Fitness Exercise [MC AR]</p> <p>10:45  Monday Morning Mindfulness [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Book Creations with Gen-Narrations Creative Story Telling [MC AR]</p> <p>2:00  Patio Ice Cream Social</p> <p>3:15  Memories in the Making: Watercolor Painting [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Name 5 Game [MC LR]</p>	<p><b>HAPPY BIRTHDAY JERI!</b></p> <p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise [MC AR]</p> <p>10:15  <b>Monster Magnets Craft! [MC AR]</b></p> <p>11:00  Ginger Puppy Visits</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Giant Bowling! [MC AR]</p> <p>2:00  <b>Musical Performance by Scott Buckley!</b></p> <p>3:00  Ooo La La Manicures! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Finish that Phrase [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  iPad Word Games</p> <p>10:00  Healthy Hearts Exercise Class</p> <p>10:30  Fresh Air and Fresh Coffee [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Hangman Challenge [MC AR]</p> <p>2:15  Book Creations with Gen- Narrations Creative Storytelling [MC AR]</p> <p>3:00  Bocce Ball Tournament [MC AR]</p> <p>3:45  Patio Poets Corner [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Laughing Hour [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise</p> <p>10:15  Morning Walk Around the Community (Social Distancing Recommended) [MC AR]</p> <p>10:45  Coffee and Garden Meditation [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  Put Put Golf! [MC AR]</p> <p>2:00  Culinary Creations [MC AR]</p> <p>3:00  Indoor Sports: Balloon Noodle Volleyball [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Current Events!</p>	<p>8:30  Breakfast [DR]</p> <p>10:00  Book Creations with Gen-Narrations Creative Storytelling [MC AR]</p> <p>10:30  Active &amp; Awesome Seniors</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:15  Expressive Design [MC AR]</p> <p>1:30  <b>Musical Performance by The House of Joy!</b></p> <p>2:45  <b>Charades! [MC AR]</b></p> <p>4:00  Poets Corner [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>6:30  Friday Night Film [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Things That Go Together</p> <p>10:00  Hymns Sing-A-Long!</p> <p>10:30  Movin' and Groovin' Exercise!</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>2:00  Snacktivity [MC AR]</p> <p>3:00  iPad Games! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Oldies but Goodies Music! [GR]</p>
<p>8:30  Breakfast [DR]</p> <p>9:15  Alphabet Name Game</p> <p>10:30  Stretch and Strength Chair Exercise with Misty [MC AR]</p> <p>11:00  <b>Broncos VS Patriots (CBS) [LR/GR]</b></p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Matinee Movie</p> <p>2:00  <b>Pumpkin Decorating! [MC AR]</b></p> <p>3:30  YouTube Worship Service with Chaplain Elisa [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Jeopardy [LR]</p>	<p><b>Columbus Day</b></p> <p>8:30  Breakfast [DR]</p> <p>9:15  Raise the Curtain [MC AR]</p> <p>10:00  All about Fitness Exercise [MC AR]</p> <p>10:45  Columbus Day Trivia and Facts! [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Book Creations with Gen-Narrations Creative Story Telling [MC AR]</p> <p>2:00  Happy Hour &amp; Trivia</p> <p>3:00  Memories in the Making: Watercolor Painting [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Name 5 Game [MC LR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise [MC AR]</p> <p>10:15  Expressive Designs! [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Famous Duos [MC AR]</p> <p>2:00  Culinary Creations- Apple Cider and Pie! [MC AR]</p> <p>3:00  Ooo La La Manicures! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Finish that Phrase [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  iPad Word Games</p> <p>10:00  Healthy Hearts Exercise Class</p> <p>10:30  Fresh Air and Fresh Coffee [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  <b>Halloween Scattegories [MC AR]</b></p> <p>2:15  Book Creations with Gen- Narrations Creative Storytelling [MC AR]</p> <p>3:00  Ladder Ball [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Laughing Hour [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise</p> <p>10:15  Morning Walk Around the Community (Social Distancing Recommended) [MC AR]</p> <p>10:45  Morning Meditation [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:15  Indoor Sports: Balloon Flyswatter Tennis</p> <p>2:00  <b>Outdoor Musical Performance by Albert Gali [MC LR]</b></p> <p>3:00  Culinary Creations [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Current Events!</p>	<p>8:30  Breakfast [DR]</p> <p>10:00  Book Creations with Gen-Narrations Creative Storytelling [MC AR]</p> <p>10:30  Active &amp; Awesome Seniors</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  Expressive Design [MC AR]</p> <p>3:00  Small Group Bible Study [MC AR]</p> <p>4:00  Poets Corner [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>6:30  Friday Night Film [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Hangman</p> <p>10:30  Movin' and Groovin' Exercise!</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:45  <b>Snacktivity- Mummy Dogs! [MC AR]</b></p> <p>3:30  Afternoon Bingo! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Oldies but Goodies Music! [GR]</p>
<p>8:30  Breakfast [DR]</p> <p>9:30  Weekly Horoscope Reading</p> <p>10:30  Stretch and Strength Chair Exercise with Misty [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  <b>Broncos Tailgate Party! [MC AR]</b></p> <p>2:05  <b>Broncos VS Dolphins (CBS) [LR/AR]</b></p> <p>2:45  Would You Rather? [MC AR]</p> <p>3:30  YouTube Worship Service with Chaplain Elisa [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Jeopardy [LR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Word within a Word</p> <p>10:00  All about Fitness Exercise [MC AR]</p> <p>10:45  Monday Morning Mindfulness [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Book Creations with Gen-Narrations Creative Story Telling [MC AR]</p> <p>2:00  Hot Cocoa Social! [MC AR]</p> <p>3:00  Memories in the Making: Watercolor Painting [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Name 5 Game [MC LR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise [MC AR]</p> <p>10:15  Expressive Designs! [MC AR]</p> <p>11:00  Ginger Puppy Visits</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  <b>Corn Shucking Contest! [MC AR]</b></p> <p>2:00  Culinary Creations [MC AR]</p> <p>3:00  Ooo La La Manicures! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Finish that Phrase [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  iPad Word Games</p> <p>10:00  Healthy Hearts Exercise Class</p> <p>10:30  Fresh Air and Fresh Coffee [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Book Creations with Gen- Narrations Creative Storytelling [MC AR]</p> <p>2:30  Make your own Trail Mix! [MC AR]</p> <p>3:30  Outburst Word Game! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Laughing Hour [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise</p> <p>10:15  Morning Walk Around the Community (Social Distancing Recommended) [MC AR]</p> <p>10:45  Morning Meditation [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  Put Put Golf! [MC AR]</p> <p>2:00  Culinary Creations- Caramel Apples! [MC AR]</p> <p>3:00  Family Hearing Clinic</p> <p>3:00  Pumpkin Decorating! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Current Events!</p>	<p>8:30  Breakfast [DR]</p> <p>10:00  Book Creations with Gen-Narrations Creative Storytelling [MC AR]</p> <p>10:30  Active &amp; Awesome Seniors</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Expressive Design [MC AR]</p> <p>2:00  <b>Musical Entertainment by Josh!</b></p> <p>3:30  <b>Pin the Spider on the Web [MC AR]</b></p> <p>4:00  Poets Corner [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>6:30  Friday Night Film [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Things That Go Together</p> <p>10:00  Hymns Sing-A-Long!</p> <p>10:30  Movin' and Groovin' Exercise!</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>2:00  Spooky Pictionary [MC AR]</p> <p>2:45  Halloween Bingo! [MC AR]</p> <p>3:30  Funny Videos</p> <p>4:30  Dinner [DR]</p> <p>5:30  Oldies but Goodies Music! [GR]</p>
<p>8:30  Breakfast [DR]</p> <p>9:15  Alphabet Name Game</p> <p>10:30  Stretch and Strength Chair Exercise with Misty [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>2:00  Pumpkin Ring- Toss! [MC AR]</p> <p>2:25  <b>Broncos VS Chiefs Football Game (CBS) [LR/GR]</b></p> <p>3:00  YouTube Worship Service with Chaplain Elisa [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Jeopardy [LR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Raise the Curtain [MC AR]</p> <p>10:00  All about Fitness Exercise [MC AR]</p> <p>10:45  <b>Guess how many Candy corns are in the Jar! Win a Prize! [MC AR]</b></p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Book Creations with Gen-Narrations Creative Story Telling [MC AR]</p> <p>2:00  Happy Hour &amp; Trivia</p> <p>3:00  Memories in the Making: Watercolor Painting [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Name 5 Game [MC LR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise [MC AR]</p> <p>10:15  Expressive Designs- Mummies! [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  October Birthday Celebration [MC AR]</p> <p>2:45  Ooo La La Manicures! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Finish that Phrase [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  iPad Word Games</p> <p>10:00  Healthy Hearts Exercise Class</p> <p>10:30  Fresh Air and Fresh Coffee [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  <b>Peaks Pumpkin Patch! [MC AR]</b></p> <p>3:00  Giant Kerplunk Game! [MC AR]</p> <p>3:45  Karaoke! [MC LR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Laughing Hour [GR]</p>	<p>8:30  Breakfast [DR]</p> <p>9:15  Move It or Lose It Exercise</p> <p>10:15  Morning Walk Around the Community (Social Distancing Recommended) [MC AR]</p> <p>10:45  Morning Meditation [CY]</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  Indoor Sports: Kick the Ball</p> <p>2:00  Culinary Creations- Halloween Sugar Cookie Decorating! [MC AR]</p> <p>3:30  Lets Talk- Halloween Traditions and Memories! [MC LR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  <b>Broomfield FISH Donation Drop Off</b></p>	<p>8:30  Breakfast [DR]</p> <p>10:00  Book Creations with Gen-Narrations Creative Storytelling [MC AR]</p> <p>10:30  Active &amp; Awesome Seniors</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:30  Expressive Design [MC AR]</p> <p>3:00  The History of Halloween and Spooky Superstitions! [MC AR]</p> <p>4:00  Poets Corner [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>6:30  Friday Night Film [GR]</p>	<p><b>Halloween</b></p> <p>8:30  Breakfast [DR]</p> <p>9:15  Hangman</p> <p>10:30  Movin' and Groovin' Exercise!</p> <p>11:30  Lunch [DR]</p> <p>12:30  Music and Memory</p> <p>1:00  "Hocus Pocus" [MC AR]</p> <p>2:00  <b>Halloween Car Parade! [MC AR]</b></p> <p>3:00  Judge who Wins the Halloween Costume Contest! [MC AR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  Halloween Projector Movie! [MC AR]</p>