



- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

**Location Keys**

- AL Activity Room AL/AR
- AL Exercise Room AL/EXERC
- Activity Room Hallway AR/Hall
- Bistro B
- Dining Room DR
- Living Room LR
- MC Activity Room MC AR
- MC Living Room MC LR
- Private Dining Room PDR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Daylight Saving Time Ends</b> 4</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>2:00  Bocce Ball [AR/Hall]</p> <p>2:05  Texas vs Broncos [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Sunday Night Movie</p>	<p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch &amp; Strength Exercise</p> <p>10:00  <b>Shopping Outing: Walmart</b></p> <p>11:30  Lunch [DR]</p> <p>1:30  Arts &amp; Crafts [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  <b>Musical Performance: Music with Josh [MC LR]</b></p> <p>4:30  Dinner [DR]</p> <p>6:00  Comedy/Drama Movie Night</p>	<p><b>Rides to Doctor Appointments</b> 6</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch &amp; Strength Exercise</p> <p>10:45  Crossword Puzzle Challenge</p> <p>11:30  Lunch [DR]</p> <p>1:30  <b>Active Minds Presents: Cuba: Past, Present &amp; Future [AL/AR]</b></p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  New Resident Welcoming Committee Meeting [AL/AR]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Jeopardy [LR]</p>	<p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [AL/EXERC]</p> <p>11:15  <b>Lunch Outing: Black Diamond Restaurant</b></p> <p>11:30  Lunch [DR]</p> <p>1:00  Afternoon Documentary [AL/AR]</p> <p>2:00  <b>Lafayette Librarian Visit [AL/AR]</b></p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  <b>Girl Scouts Visit [AL/AR]</b></p> <p>4:30  Dinner [DR]</p> <p>5:30  <b>Poker with Brad [AL/AR]</b></p>	<p><b>Rides to Doctor Appointments</b> 8</p> <p>7:00  Resident Council [AL/AR]</p> <p>7:30  Breakfast [DR]</p> <p>10:00  <b>Fitness in Motion with Bayada [AL/EXERC]</b></p> <p>11:15  <b>Catholic Service with Communion</b></p> <p>11:30  Lunch [DR]</p> <p>1:30  <b>Musical Entertainment: Heartlanders [MC LR]</b></p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  Resident Council [AL/AR]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Movie/Musical</p>	<p><b>Rides to Doctor Appointments</b> 2</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [AL/AR]</p> <p>10:45  Flower Arranging</p> <p>11:30  Lunch [DR]</p> <p>1:30  <b>Worship Service with Chaplain Elisa [MC AR]</b></p> <p>3:00  Happy Hour [LR]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Friday Night at The Movies</p>	<p><b>Rides to Doctor Appointments</b> 3</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch and Strength Exercise</p> <p>11:00  Coffee Klatch with Karen [AL/AR]</p> <p>11:30  Lunch [DR]</p> <p>1:00  Games with Friends</p> <p>3:00  Bingo and Ice Cream Social [MC AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>4:30  Dinner [DR]</p> <p>6:00  TV Night with Friends [AL/AR]</p>
<p><b>Veterans Day</b> 11</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>2:00  Bocce Ball [AR/Hall]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Sunday Night Movie</p>	<p><b>Happy Birthday Joyce!</b> 12</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch &amp; Strength Exercise</p> <p>10:00  <b>Shopping Outing: King Soopers</b></p> <p>11:30  Lunch [DR]</p> <p>1:30  Arts &amp; Crafts [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Comedy/Drama Movie Night</p>	<p><b>Rides to Doctor Appointments</b> 13</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch &amp; Strength Exercise</p> <p>10:45  Crossword Puzzle Challenge</p> <p>11:30  Lunch [DR]</p> <p>1:30  Read Out Loud - Book Club with Karen</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  <b>Musical Entertainment: Scott Buckley [MC LR]</b></p> <p>4:30  Dinner [DR]</p> <p>6:00  Jeopardy [LR]</p>	<p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [AL/EXERC]</p> <p>11:15  <b>Lunch Outing: Red Lobster</b></p> <p>11:30  Lunch [DR]</p> <p>1:00  Afternoon Documentary [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:30  Bible Study [PDR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  <b>Poker with Brad [AL/AR]</b></p>	<p><b>Rides to Doctor Appointments</b> 15</p> <p>7:30  Breakfast [DR]</p> <p>10:00  <b>Fitness in Motion with Bayada [AL/EXERC]</b></p> <p>10:30  Current Events [AL/AR]</p> <p>11:15  <b>Catholic Service with Communion</b></p> <p>11:30  Lunch [DR]</p> <p>1:30  <b>Adventure Montessori Students Visit [AL/AR]</b></p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  <b>Musical Entertainment: Mark Cormican [MC LR]</b></p> <p>4:30  Dinner [DR]</p> <p>6:00  Movie/Musical</p>	<p><b>Rides to Doctor Appointments</b> 16</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [AL/AR]</p> <p>10:45  Beautiful Bouquet Flower Arranging [AL/AR]</p> <p>11:30  Lunch [DR]</p> <p>1:30  <b>Worship Service with Chaplain Elisa [MC AR]</b></p> <p>3:00  Happy Hour [LR]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Friday Night at The Movies</p>	<p><b>Happy Birthday Teiko!</b> 17</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch and Strength Exercise</p> <p>11:00  Coffee Klatch with Karen [AL/AR]</p> <p>11:30  Lunch [DR]</p> <p>1:00  Tripoli [AL/AR]</p> <p>3:00  Bingo [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>4:30  Dinner [DR]</p> <p>6:00  TV Night with Friends [AL/AR]</p> <p>10:30  Jewelry Making [AL/AR]</p>
<p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [MC AR]</p> <p>10:00  Broncos vs Chargers [AL/AR]</p> <p>1:00  Thanksgiving Reminiscence [AL/AR]</p> <p>2:00  Thanksgiving Buffet</p> <p>2:05  Broncos vs Chargers [AL/AR]</p> <p>4:00  Thanksgiving Buffett [DR]</p> <p>6:00  Sunday Night Movie</p>	<p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch &amp; Strength Exercise</p> <p>10:00  <b>Shopping Outing: Walmart</b></p> <p>11:30  Lunch [DR]</p> <p>1:30  Arts &amp; Crafts [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  <b>Musical Performance: Music with Josh [MC LR]</b></p> <p>4:30  Dinner [DR]</p> <p>6:00  Comedy/Drama Movie Night</p>	<p><b>Rides to Doctor Appointments</b> 20</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch &amp; Strength Exercise</p> <p>10:45  Crossword Puzzle Challenge</p> <p>11:30  Lunch [DR]</p> <p>1:00  Read Out Loud - Book Club with Karen</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  <b>Musical Entertainment: Young at Heart [MC LR]</b></p> <p>4:30  Dinner [DR]</p> <p>6:00  Jeopardy [LR]</p>	<p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [AL/EXERC]</p> <p>11:15  <b>Lunch Outing: Dairy Queen</b></p> <p>11:30  Lunch [DR]</p> <p>1:00  Afternoon Documentary [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:30  Bible Study [PDR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  <b>Poker with Brad [AL/AR]</b></p>	<p><b>Rides to Doctor Appointments</b> 22</p> <p><b>Thanksgiving</b></p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [AL/EXERC]</p> <p>11:30  Lunch [DR]</p> <p>1:30  Afternoon Movie &amp; Popcorn [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Movie/Musical</p>	<p><b>Rides to Doctor Appointments</b> 23</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [AL/AR]</p> <p>10:45  Beautiful Bouquet Flower Arranging [AL/AR]</p> <p>11:30  Lunch [DR]</p> <p>1:30  <b>Worship Service with Chaplain Elisa [MC AR]</b></p> <p>3:00  Happy Hour [LR]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Friday Night at The Movies</p>	<p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch and Strength Exercise</p> <p>11:00  Coffee Klatch with Karen [AL/AR]</p> <p>11:30  Lunch [DR]</p> <p>1:00  Tripoli [AL/AR]</p> <p>3:00  Bingo and Birthdays [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>4:30  Dinner [DR]</p> <p>6:00  TV Night with Friends [AL/AR]</p>
<p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [MC AR]</p> <p>11:30  Lunch [DR]</p> <p>2:00  Wii Bowling [AR/Hall]</p> <p>2:25  Steelers vs Broncos [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Sunday Night Movie</p>	<p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch &amp; Strength Exercise</p> <p>10:00  <b>Shopping Outing: King Soopers</b></p> <p>11:30  Lunch [DR]</p> <p>1:30  Arts &amp; Crafts [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Comedy/Drama Movie Night</p>	<p><b>Rides to Doctor Appointments</b> 27</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit: Osteo Stretch &amp; Strength Exercise</p> <p>10:45  Crossword Puzzle Challenge</p> <p>11:30  Lunch [DR]</p> <p>1:00  Read Out Loud - Book Club with Karen</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  Jewelry Making [AL/AR]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Jeopardy [LR]</p>	<p><b>Happy Birthday Floyd!</b> 28</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [AL/EXERC]</p> <p>11:15  <b>Lunch Outing: Taqueria La Esperanza</b></p> <p>11:30  Lunch [DR]</p> <p>1:00  Afternoon Documentary [AL/AR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  Path to Wellness Recognition [AR/Hall]</p> <p>3:30  Bible Study [PDR]</p> <p>4:30  Dinner [DR]</p> <p>5:30  <b>Poker with Brad [AL/AR]</b></p>	<p><b>Rides to Doctor Appointments</b> 29</p> <p>7:30  Breakfast [DR]</p> <p>10:00  <b>Fitness in Motion with Bayada [AL/EXERC]</b></p> <p>11:15  <b>Catholic Service with Communion</b></p> <p>11:30  Lunch [DR]</p> <p>3:00  Cookies &amp; Conversation with Friends [B]</p> <p>3:00  This Is Your Life Presentation [AL/AR]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Movie/Musical</p>	<p><b>Rides to Doctor Appointments</b> 30</p> <p>7:30  Breakfast [DR]</p> <p>10:00  Age Fit Osteo Stretch and Strength Exercise [AL/AR]</p> <p>10:45  Beautiful Bouquet Flower Arranging [AL/AR]</p> <p>11:30  Lunch [DR]</p> <p>1:30  <b>Worship Service with Chaplain Elisa [MC AR]</b></p> <p>3:00  Happy Hour [LR]</p> <p>4:30  Dinner [DR]</p> <p>6:00  Friday Night at The Movies</p>	